

# SISTER HAZELS

302-308 NW 5<sup>th</sup> Ave  
Gainesville, FL

**HEALTH CARE.....**medical and psychiatric assessments and treatment.

**HIV/AIDS/TB....**outreach, education, counseling and testing.

**FOOT CARE CLINIC.....**warm foot bath and attention to problem areas.

**EYE CARE....**assistance with obtaining eye exams and prescription glasses

**LEGAL AID/ASSISTANCE....**misdemeanor charges

**SOCIAL SERVICES.....**assessment and referral to available resources/benefits

**SUPPORT GROUPS---PEER SUPPORT---SELF-HELP GROUPS.....**

**EDUCATIONAL CLASSES....**

CHES, ART, STRESS MANAGEMENT, PRAYER AND STUDY,  
RECREATION, ART THERAPY, ACCUPRESSURE, LIFE SKILLS,

**CLOTHES CLOSET AND FOOD PANTRY....**(water, coffee, socks, shirts, Bibles, )

**HAIR CUTS.....**

**TRANSPORTATION...bikes.**

**MENTORSHIP PROGRAM....**1 on 1 long term support and guidance.

## HELPING HANDS CLINIC

Health Care for the Homeless and Poor Since 1989



Dt. 15:11

P.O. Box 1481  
Gainesville, Florida 32602

Helping Hands is a group of volunteer health professionals who have provided free health care to the homeless in Gainesville, Florida, since October 1989. The clinic is staffed by social workers, registered nurses, advanced registered nurse practitioners, physicians and community service volunteers. Clinic services are available from 5:00 pm to 7:00 pm each Monday evening at the First United Methodist Church. Since 1989 there have been 10,186 clinic visits with 3,551 different individuals seeking care. Demographic information about the patient population served at the clinic includes the following: 82 percent are male; 18 percent are female; 57 percent are Caucasian; 43 percent are African American; 62 percent report being homeless, while 38 percent report a local address, but are usually moving among family or friends. Fifty percent reported being homeless one month or less with 78 percent reporting homelessness of one year or less. The range of time homeless has been from one day to 34 years. The age of the clients served ranges from three months to 84 years, with the average age being 43 years. The typical client is a single adult male in his early forties. A high school education was claimed by 50 percent of those seen, yet 75 percent are unemployed. Veteran's status has been claimed by 30 percent of the patients, with 58 percent of these being from the Vietnam era.

Patients most commonly present with upper respiratory infections, severe dental problems, traumatic injuries, and problems with their feet, high blood pressure, and skin problems. More than half of those treated admit to a substance abuse or mental health problem. Clinic psychiatrists offer psychiatric services including: medication management, crisis counseling and supportive therapy. Staff members also provide HIV/AIDS education, counseling and testing services as well as TB screening and referral for follow-up treatment. The clinic is the only source of referral and funding for eye exams and prescription glasses for the homeless in Gainesville. We also offer clients numerous material resources including: personal hygiene items, socks and shoes, blankets, cold weather clothing, reading glasses and paperback books. In April 1993, the clinic was named a Citationist in the President's Volunteer Action Award program. The Helping Hands Clinic continues to receive the support of numerous individuals, businesses, churches, community agencies, coalitions and groups, professional and civic organizations and clubs.

For more information, please contact: Randy Stacey at (352) 372-8523.

373-6884

rjstacey1@cox.net

As of 6/05

AUGUST 5, 2005

**BUDGET**

**SISTER HAZEL'S COMMUNITY CARE CENTER**

**INITIAL OPERATING BUDGET: (Monthly)**

RENT.....	\$2,400.00
UTILITIES.....	\$500.00
PHONE with FAX line....	\$50.00
<b>SUBTOTAL:.....</b>	<b>\$ 2,950.00</b>
MALPRACTICE INSURANCE.....	\$ 209.00
OFFICE SUPPLIES.....	\$75.00
<b>Total Cost:.....</b>	<b>\$ 3,234.00</b>

**FUTURE EXPENDITURES: (Annual)**

DIRECTOR.....	\$25,000.00
RN.....	\$20,000.00
<b>Total Cost:.....</b>	<b>\$45,000.00</b>

**FUTURE OTHER EXPENDITURES:**

Dental Supplies.....	\$4,302.12
(Per We Care Annually)	
Mammogram Coupons	
(Diagnostic & Screening Annually)	
(\$105.00 x 25) .....	\$2,625.00
<b>Total Cost:.....</b>	<b>\$6,927.12</b>

COPIER (One time expense) .....	\$1,500.00
MOBILE VAN (One time expense).....	\$15,000.00
<b>Total Cost:.....</b>	<b>\$16,500.00</b>

AUTO INSURANCE (Monthly).....	\$ 100.00 mo.
<b>Total Cost (Annually).....</b>	<b>\$ 1,200.00</b>

**IN-KIND DONATIONS:**

**Health Professional/Faculty Volunteers:**

- Physicians
- Nurse Practitioners
- Nurses
- Psychiatrists
- Mental Health Counselors
- Social Workers
- Acupuncturist/Complimentary Practitioners

**Health Profession Students:**

- U.F. Health Science Center
- Community Rounds
- Equal Access Clinic
- 4<sup>th</sup> Year Medicine Elective

**Retired Health Professionals:**

- Volunteers In Medicine
- The Volunteer Center

**Legal Volunteers:**

- Three River Legal Services

**Alachua County Public Health Department Volunteers:**

- HIV Testing & Counseling
- TB Testing & Counseling
- STD Testing & Counseling
- Reproductive Testing & Counseling

**Other:**

- Medical Supplies (Sister Hazel)
- Office Furnishings (One Stop Career Center Donations)
- Clinic Office Furnishings & Equipment (Alachua County Health Department)