

City of Gainesville, Florida

Office of Mayor Edward B. Braddy
PROCLAMATION

WHEREAS, on December 11, 2014, the United Nations General Assembly declared June 21st as the International Day of Yoga; and

WHEREAS, Yoga has a holistic approach to health and well-being by integrating practices of body, mind and spirit; and

WHEREAS, Yoga is not simply about better health through exercise, but also to discover the sense of harmony with oneself, the world and nature; and

WHEREAS, 175 nations, including USA, Canada and China co-sponsored the resolution; and

WHEREAS, International Day of Yoga is open to all - whether novices or experts in Yoga - to come together and practice an easy series of yoga practices which will be performed around the world to promote health, harmony and peace on our planet.

NOW, THEREFORE, I, Edward B. Braddy, by the authority vested in me as Mayor of the City of Gainesville, do hereby proclaim June 21, 2015 as

Gainesville International Day of Yoga

in the City of Gainesville and invite all our citizens to take time to relax your mind, body and spirit through yoga at the YMCA.

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the official seal of the City of Gainesville, Florida, this 20th day of May, A.D., 2015.



Ed B. Braddy
Edward B. Braddy
Mayor