

WHEREAS, Perinatal Mental Health is an issue of great concern to mothers, fathers, families, as well as their healthcare providers, and is therefore, of interest to the City of Gainesville; and

WHEREAS, many women and men are not screened or treated for, nor sufficiently informed about perinatal mood and anxiety disorders because they may lack comprehensive health care, the understanding of the disorder or where to go for help and care; and

WHEREAS, increased education and heightened awareness of the incidence of perinatal mood and anxiety disorders is critical for all citizens of Gainesville. Perinatal mood and anxiety disorders do not discriminate. Families of all races, income levels, ages and backgrounds are impacted profoundly, contributing to developmental and behavioral outcomes and attachment disorders in the young children of afflicted women and men; and

WHEREAS, perinatal mood and anxiety disorders are treatable with timely therapeutic interventions, community based supportive services and medications; and

WHEREAS, it is critical that citizens, communities, service providers and support systems have a greater understanding of perinatal mood and anxiety disorders, the spectrum of symptoms and critical factors in identifying mothers and fathers at risk in order to provide timely diagnosis and treatment, as well as appropriate support through community services and referral systems that co-exist to facilitate recovery.

NOW, THEREFORE, I, Edward B. Braddy, by the authority vested in me as Mayor of the City of Gainesville, do hereby proclaim May 1-7, 2016 as

Perinatal Mental Health Awareness Week

in the City of Gainesville and invite all our citizens to join me in improving awareness of perinatal mood and anxiety disorders (PMAD) and to expand resources, education and support systems for those at risk.

AN OWITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the official seal of the City of Gainesville, Florida, this 9th day of February, A.D., 2016.

Edward B. Braddy

Mayor

